



**District Governor
Amelia Stansell
District 7610**

Contact Amelia



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NEWS

DG AMELIA'S CORNER

**Creating Irresistible Club Experiences
and
Sharing The Magic of Rotary**

July was bustling with the Unlock the Magic of Rotary symposium and the installation of nearly twenty Club Presidents since mid-June. While I couldn't attend every installation, I got a great sense of the district's vibrant energy. There's incredible momentum and enthusiasm for the new year, with clubs planning exciting projects and welcoming new Rotarians!

This year, we have dual themes: the DG theme of *"Irresistible"* and the RI theme of *"The Magic of Rotary,"* both inspired by RI President Stephanie Urchick. We aim to make club experiences so engaging that members never want to miss a meeting, and communities can't imagine being without their local Rotary club, thus simply, "irresistible". As Stephanie said, "We are not going to bring peace to the world, end polio, or grow membership by waving a wand. It is up to you. You create the magic with every project completed, every dollar donated, and every new member inducted." The Magic of Rotary is in our irresistible clubs and our members!

Exciting news on the club front - new clubs are forming in our District! We have two new Rotaract clubs at George Mason University, one focused on human trafficking and another on general service. Additionally, a new Northern Virginia Rotaract Club for young professionals is in the works, and we're exploring rebranding the Rotaract Club of Vienna into a District 7610 Rotaract e-Club to attract alumni. We'll pair these Rotaractors with local Rotary clubs in a "Rotary Internship" to foster connections without the full Rotary commitment. For more details, contact District Rotaract Chair **Donna Almborg**.

We also have several new Rotary clubs forming! The IMPACT—Manassas Satellite of the Rotary Club of Manassas was inducted on July 31st. The Fairfax Club is testing a club with flexible meeting times and locations, and the Culpeper Club is considering a satellite at an active adult community. The Warrenton Club might formalize its AMPT-UP committee into a Companion Club, offering alternative meeting times and encouraging cross-club collaboration with Culpeper.

As we kick off the new year, I've shared the District goals with Club Presidents, Senior Leaders, and attendees of the Unlock The Magic of Rotary learning event in mid-July. We also released the 2024-25 Irresistible Club Award criteria, including the former Peace Builder Club Award. Points earned for peace-builder activities will now count toward the overall Small, Medium, and Large Club of the Year awards, with clubs also able to earn a Pillar of Peace Award. Our main goals are:

- Grow membership by **100** net new members.
- Expand our District by **5** net new clubs, including traditional, Rotaract, Impact, Satellite, Companion, e-clubs, and more.
- Raise **\$1,000,000** for the Annual Fund Share to fund District Grants, Global Grants, Global Scholars, and more.

In addition to these goals, we're focusing on increasing our public image and supporting youth programs. Key strategies include:

- **Cross-club collaboration:** Get outside your club and connect with other Rotarians near and far through visits, fellowships, learning events, or District Action Groups.
- **Club Visioning/Rotary Action Plan:** Strategically focus on the future to ensure smooth transitions and project continuity.
- **Leadership Development:** We're offering many opportunities to develop leaders within our district, including sending three Emerging District Leaders to the Zone 33/34 Institute and encouraging clubs to send Emerging Club Leaders to CPETS in March, and we just announced we are hosting a Rotary Leadership Institute on October 12th in Warrenton.
- **Storytelling:** We need to share our magical Rotary moments with the world. Join our new District Toastmasters e-club to improve your storytelling skills. Email Linda Walker at lindawalkerrealtor@gmail.com to express your interest.

To say we have a big year ahead is an understatement, but with planning and communication, we will achieve great things together. We have streamlined communications this year with one newsletter for District and Foundation news and a weekly email from me with timely updates. You can also follow us on Facebook and our website for the latest news.

I look forward to meeting each Rotarian and Rotaractor during my visits, which starts August 1st. See you soon!

Submitted By: DG Amelia Stansell, 2024-2025 Rotary Year



Rotary is Going on the Road!



Stafford Rotary Club ~ Giving dictionaries to excited 3rd grade students!

District 7610's Membership Committee is creating a Rotary Roadshow to take to community events to promote and explain Rotary. We need your support in order to showcase community service projects that your club has found meaningful. This means - **we need pictures** that reveal hands-on actions taken by Rotarians as they actively engage with their neighbors and communities. Pictures should be clear, **NOT** posed, and have a one sentence tag with club name and brief description of the project. No promises on what will be used in this slide show, but we would like to have as many different Rotary Clubs represented as possible. To be considered, we must receive these photos ASAP – now would be good, but the deadline is Aug 15. Send to Katie Larson at bluejaykk@gmail.com. Thank You!!!

Submitted By: Donna Almborg - Membership Committee and Rotaract Chairperson

**DG AMELIA'S MEMORABLE VISIT
LAKE RIDGE CLUB INSTALLATION CEREMONY**

Recently, DG Amelia attended the Lake Ridge Rotary Club's Installation of President Andrea Savitch and her board. Several members from the Woodbridge Rotary Club were in attendance.

Membership Committee ~ Strategic Planning Session



The 7610 District Membership Committee is optimistic about the upcoming year and anticipates fruitful collaboration among its members.

On July 7, the team met in Manassas to review the year's schedule and discuss upcoming initiatives. The meeting was productive, with attendees actively planning and assigning tasks to strengthen membership and enhance club engagement. Six women attended in person: Eileen Curtis, Donna Almborg, Blanca Vasquez, Xiao-Yin Tang, Grace Mukupa, Katie Larson, and Earl Baughman joined via Zoom. Barry Gordon and David Field were both traveling.

The committee looks forward to the district's future events and hopes for more inclusive participation in these sessions to boost teamwork and effectiveness.

Submitted By: Grace Mukupa, PhD, PMP - Membership Committee and Peace Corps Volunteer, Macedonia

HOT OFF the PRESS

Learning and Development in District 7610

The Rotary Learning and Development initiative for District 7610 is a transformative program dedicated to equipping our members with the knowledge and skills they need to excel in their roles and make a significant impact on our communities.

The Purpose

The primary goal of the Rotary Learning and Development initiative is to provide comprehensive training and educational resources that empower our members.

Key Components

- Leadership Training:** Developing strong leaders is crucial for the success of our clubs and projects. Our leadership training programs focus on essential skills such as strategic planning, team building, communication, and conflict resolution. Check the DACdb and Website calendar for scheduled events.
- Project Management:** Effective project management is vital for executing successful initiatives. Members receive training on project planning, execution, monitoring, and evaluation, ensuring that every project meets its goals and delivers meaningful outcomes. (currently under development)
- Rotary Education:** Understanding the principles, history, and structure of Rotary is fundamental. Our educational modules cover Rotary's mission, values, organizational structure, and the various programs and opportunities available for members. Sign in to rotary.org and then [Rotary Learning Center](#)
- Skill Development:** Tailored workshops and seminars provide members with opportunities to develop specific skills, such as public speaking, fundraising, grant writing, and community engagement. The first one scheduled is the Conflict Resolution Workshop on Sep 7, 2024.

Register for [Conflict Resolution Workshop](#).

How You Can Benefit

Participating in the Rotary Learning and Development initiative offers numerous personal benefits:

- Enhanced Leadership
- Improved Project Success
- Deepen Rotary Engagemen
- Personal Growth

Our Commitment to Excellence

District 7610 is committed to providing high-quality learning opportunities for all members. We believe that investing in the development of our members is key to achieving our mission of service above self. We aim to build a knowledgeable, skilled, and motivated membership capable of driving positive change in our

Among them was Rotarian Kris O'Hop. Her late husband, Bill, was a founder of both the Woodbridge and later the Lake Ridge Club. Kris shared her written speech with DG Amelia along with photos of her husband and his co-founder of the Lake Ridge Club. What an amazing experience and opportunity to share and celebrate the club's founding 36 years ago.

Photo 1: Bill O'Hop (L) and Ben Hoffheimer (R) @ Installation of the Lake Ridge Rotary Club in 1988



Photo 2: Bill O'Hop - Founder of Woodbridge Club and Co-Founder of Lake Ridge Club

Kris O'Hop's Handwritten Speech ~ Sent to DG Amelia

Bill O'Hop was the founder of the Woodbridge Rotary Club in 1965 and later chartered the Lake Ridge club. He was known as the godfather till he died in 2015. Our clubs have accomplished much over the years thru dedication + commitment to Rotary mission by participating in national + international projects. But I've always felt our greatest gift here was working tirelessly fund-raising to get a local hospital built to give work + accessible health care to our fledgling community in late 1960's. Potomac Hospital was the only hospital built solely with community funds and the generosity of private donors (many Rotarians) + this effort is now Sentara, a great expensive health facility serving the needs of our ever growing multi-cultural community. Personally, Pot Hospital gave me 35 years of quality from work and in May 2019 the beginning care of Sentara Health professionals saved my life from a sudden brain aneurysm + embolism. When we helped drill a well in Cayashaca Peru to counteract the effects of plague or find a medicinal plant look in the jungle mountain regions for the indigenous Mayan people in Guatemala or help the International Shelter Box project - Rotarians are always there. Locally we assist the battered women shelter, fly flags, Ring Salvation Army bells, host a golf tournament + give scholarships to new generations. Our mutual goals have always been the same - to be a light of hope to those who need us most. Rotary success has been about team work. The melding of the wisdom of the old and embracing the energy and diversity + knowledge + ideas of the young. ~~Just promise to be a Rotarian~~ to be a Rotarian ^{step} helping solve I can't keep even now it's 81 I am so proud Bill's vision ~~At 116~~ Rotary (you all) gives Hope

~ Embrace Leadership and Community Engagement ~
Register for the Rotary District Conference 2024!

communities. Together, we can strengthen our clubs, enhance our service efforts, and make a lasting difference in the lives of those we serve.

Submitted By: Ralph Menzel ~ Chair of District 7610 Learning and Development – rmenzel1471@gmail.com

Rotary Legacy Campaign: “Rotarians Empowering Generations”

The Rotary Legacy Campaign for District 7610 is an ambitious initiative aimed at fostering a sustainable future for The Rotary Foundation. This campaign embodies the spirit of Rotary by promoting service above self and ensuring that our efforts today will have a lasting impact for generations to come. The campaign dates are from 1 Jul 2024 until 31 Oct 2025, and a celebration event on 8 Nov 2025.

The Vision

The Rotary Legacy Campaign is driven by a vision to create enduring change. More than 100 years ago Rotarians took bold action to ensure a better future and established The Rotary Foundation. **Why?** To ensure Rotarians would have funding to make the world a better place.

**“Rotary’s tomorrow depends on what we do today”
Arch C. Klumpf, Founder, The Rotary Foundation**

Join Us

District 7610 invites you to be a part of the Rotary Legacy Campaign. Together, we can create a legacy of hope, resilience, and progress. Let’s build a future where every individual has the opportunity to thrive, and our communities are stronger and more vibrant. District 7610 Rotarians are taking bold action through our Legacy Campaign to raise a Million Dollars or more for The Rotary Foundation. How?

- Outright gift of \$10,000+
- Three Year Pledge of \$10,000+
- Planned Giving/Estate Gift of \$10,000+

Imagine the tremendous impact of your legacy after more than 100 years of investment, not only in the markets but also in sustainable projects that change lives.

How will your legacy change the world?

Submitted By and Contact: Ralph Menzel - District 7610 Legacy Campaign Chair – rmenzel1471@gmail.com

Support the Environment through the Magic of Rotary

? HOW CAN WE DO THAT ?

!!! Initiative !!! Momentum !!!
AND
46,000 Clubs - Worldwide

1. Post your projects and activities on the [Rotary Showcase](#) (note the new instructions)
2. Reach out and Promote organizations Supporting/Protecting the Environment.
3. Invite the leaders of Environmental Support Organizations to attend or speak at a club meeting.
4. Tell your club’s Environment Support Coordinator/Committee about Environment Support programs and projects you like/support.
5. Work/Coordinate/Collaborate with neighboring Rotary Clubs to establish a wide area Environment Support programs.
6. Meet with local community leaders and tell them about Rotary’s new Environmental Support Area of Focus and your club’s interest in assisting and participating in initiatives.
7. Wear your Rotary colors when participating in multi-organization projects and inform neighboring Rotary Clubs of the opportunity to participate. **CONTACT DAVID FELD**

Submitted By: David Feld - Chair, Action Group for Environmental Sustainability

EarlyAct Club Empowering Young Students for a Brighter Future

The EarlyAct Club offers numerous benefits for young students, typically between the ages of 5 and



13. We provide a holistic approach to youth development, combining service, learning, and personal growth to create well-rounded individuals prepared to make a positive impact on their communities and the world.

You are encouraged to reach out to an elementary school in your community to initiate the process of establishing an EarlyAct Club. Together, we can develop



This year, the Rotary District 7610 Conference promises to be an event like no other. Scheduled to take place from October 4-6, 2024 at Westin - Washington, DC, this conference is not just a gathering of individuals; it’s a celebration of community, leadership, and service. We’re combining forces with District 7620 to create a Joint District Conference like you’ve never seen before!

Why Attend?

The Rotary District Conference serves as a cornerstone event for members and supporters of Rotary International across our district. Whether you’re a seasoned Rotarian or new to the organization, this conference offers a unique opportunity to:

- Connect and Network: Meet fellow members from diverse backgrounds.
- Gain Insights and Inspiration: Engage with thought-provoking speakers and workshops.
- Celebrate Achievements: Recognize outstanding achievements within our district.
- Forge Partnerships: Explore potential collaborations and partnerships.

What to Expect?

The conference agenda includes a rich variety of activities:

- Keynote Speakers
- Workshops and Panels
- Networking Opportunities
- Entertainment and Fellowship

How to Register?

Don’t miss out on this opportunity to be a part of something meaningful. Registering for the Rotary District Conference is easy; visit the conference website and follow the registration instructions - use the link below. Early registration ensures your place as there are only 300 spots!

Join Us in Making a Difference. Mark your calendars, spread the word, and register today. Together, let’s continue to inspire and create lasting change in our communities and beyond.

REGISTER LINK FOR DISTRICT CONFERENCE

Submitted By: Jamie Larounis - President, Rotary Club of Stafford, AG for Area 4 and COS for District Governor (2026-2027)

The Magic of Rotary



Rotary District 7610 recently hosted Unlock the Magic of Rotary Summit on Saturday, July 13, 2024. At this remarkable event, three concurrent breakout sessions were held: Membership, Foundation and Public Image.

The District 7610 Public Image Team, led by Jenna Edwards and supported by Tyra Garlington and Jane Nash, left an indelible mark. They created three impactful workshops designed to equip members with effective communication strategies. During the workshops, members were guided through practical strategies and best practices for crafting compelling messages that resonate with diverse audiences.

“Social Media Sorcery” was not just a session, but a wizarding lab that brewed powerful social media strategies.

“Wizardry Within” unveiled the secrets of masterful internal messaging, ensuring inclusivity so that all Rotarians felt valued and part of the communication strategy.

“Conjuring Connections” delved into the mysterious world of press relations, emphasizing the power of persuasive and influential storytelling to showcase Rotary’s irresistible appeal.

All three Public Image workshops underscored the transformative power of storytelling in conveying Rotary’s impact. By sharing their inspiring stories, Rotarians were empowered to become more enthusiastic advocates for Rotary. The Public Image team ensured that everyone felt

the future generation and create a lasting positive impact. Contact for more information: Wavery Brown @ 202-277-5344 or waverybrown@icloud.com.

~ Remembering Susan White ~ Spouse of PDG Travis White

Margaret Elizabeth White, known affectionately as Susie, passed away peacefully on July 7, 2024, in Clifton, Virginia, at the age of 86. Susie was married to Past District Governor Travis White (DG 2007-08), and together, they built a beautiful family. Services to honor Susie's life will be held later at the Old Post Chapel at Fort Meyer, with a burial to follow at Arlington National Cemetery.

In lieu of flowers, contributions may be made to The Rotary Foundation of Rotary International in memory of Susie, whose life exemplified service and dedication to others. Susie's warm spirit and generous heart will be deeply missed by her family, friends, and all who knew her.

Message From the District Rotary Foundation Chair

As we step into this new Rotary year, I am filled with excitement and optimism for the incredible journey ahead. It is an honor to serve as your District Rotary Foundation Chair, and I am eager to work alongside each of you to make a lasting impact on our communities and beyond.

Every Rotarian, Every Year: Building a Culture of Giving

Our shared mission in Rotary is to bring positive change to the world, and a significant part of this mission is driven by our commitment to the Rotary Foundation. The ****Every Rotarian, Every Year**** initiative is a call to action for each of us to contribute to the Foundation annually. These contributions fuel our ability to undertake impactful projects, from local community service to global humanitarian efforts.

I encourage every Rotarian to consider how they can support this initiative. Whether through direct donations, participating in fundraising events, or encouraging fellow Rotarians to give, every effort counts. Together, we can build a culture of giving that sustains our vital work and inspires future generations of Rotarians.

Polio Plus: Closer Than Ever to Eradication

Our fight against polio remains one of Rotary's most significant and defining missions. The ****Polio Plus**** program has brought us to the brink of eradicating this debilitating disease. With just a few remaining polio-endemic areas in the world, our efforts are more critical than ever.

This year, let's renew our dedication to the Polio Plus campaign. Through fundraising, awareness-building, and advocacy, we can push towards the finish line. Remember, every donation is matched two-to-one by the Bill & Melinda Gates Foundation, tripling the impact of your contribution.

Setting Goals and Achieving Together

As we set our goals for this year, let's remember that our strength lies in our unity and shared purpose. Here are a few ways you can actively contribute:

- **Donate:** Consider setting up a recurring donation to the Rotary Foundation. Every amount, no matter how small, adds up to significant change.
- **Engage:** Participate in district events and initiatives focused on fundraising and service. Your involvement energizes our efforts and spreads our mission.
- **Advocate:** Share the stories of Rotary's impact with friends, family, and your broader network. Encourage others to join our cause and contribute.

Together, we can make this year one of the most impactful in our district's history. I look forward to seeing the innovative projects, the enthusiastic participation, and the profound difference we will make, guided by the Rotary motto: ****Service Above Self****.

Thank you for your unwavering dedication and generosity. Here's to a fantastic Rotary year ahead!

Submitted By: Pat Borowski - District 7610 Rotary Foundation Chair

valued and comfortable sharing the Magic of Rotary.

UNLOCK THE MAGIC OF ROTARY - PHOTOS

Submitted By: Tyra Garlington - iPast President, Tysons Rotary Club and Member of District PI Team

TYSONS ROTARY MEMBER ~ AMBREEN RIZVI ~ RECEIVES 2023-2024 INTERNATIONAL SERVICE AWARD



Past President Ambreen Rizvi, a woman of remarkable personal journey, brought her dream, a servant's heart, and a goal to embrace and positively impact marginalized youth, aged, and refugees in both local and global communities to Tysons Rotary. Ambreen, who was both internationally raised and educated, is a living testament to the importance of diversity, inclusion, and equity, concepts Rotary deeply cherished. Ambreen embodies Tysons **People of Action**.

In 2015, Ambreen became Tysons International Committee Chair and acquainted herself with competing for and managing District and Global grants. To further embrace her local and international service goals, Ambreen founded her own nonprofit, Brigade of Mercy. Brigade of Mercy (BOM) is a beacon of compassion without borders, an impartial, neutral nonprofit that serves people of all races, nationalities, religions, and genders. BOM's mission is to provide charitable humanitarian relief to the needy, homeless, orphans, refugees, and victims of war and other calamities. Through Ambreen's leadership, Tysons Rotary and BOM have forged a strong partnership united by shared values and a commitment to service. A sample of her work follows.

Peace and conflict prevention/resolution:

Since the arrival of the Afghan refugees in late August 2020, BOM has attended to their needs at local hotels in Virginia.

Maternal and child health:

Second Story provides safe havens and opportunities to gain experience and works with youth experiencing homelessness and youth/families in crisis. BOM provides women's hygiene kits, food, gift cards, clothing, and baby items for teens residing in shelters, young mothers, homeless youth, and local communities in need.

Basic education and literacy:

Park View High School is a Title I school in Loudoun County, VA, serving low-income students. BOM and Tysons Rotary have placed a Blessing Box at the school.

Economic and community development:

BOM and members of Tysons Rotary packed 10,000 meals for Arlington Food Assistance Center (AFAC). BOM and Tysons Rotary packed 10,000 meals headed for Ukraine.

Submitted By: Tyra Garlington - iPast President, Tysons Rotary Club and Member of District PI Team

TAPPAHANNOCK CLUB MOMENT - POOR HOUSE PARK



It was a proud Tappahannock Rotary moment, as July 10, 2024, marked the ribbon cutting and dedication of Rotary Poor House Park. Around 50 Essex County community leaders gathered for the ceremony. Rotary's role in establishing the park was prominent. Past President Wright Andrews

provided insight into how the park was conceived. Our club owes special thanks to Parks and Recreations Director Kay Carlton for her efforts to help get the project back on track after the devastating tornado a few years ago. Thanks also goes to the Boy Scouts Troop 304 and the Virginia Outdoors Foundation. More information can be found at [Tappahannock Rotary Club](#), but please spread the word about Essex County's newest asset.

What is a Poor House?

"After the Revolution, Virginia and other states separated church and state by ending the church-based poor relief system. County-run Poor Houses became necessary to maintain the responsibility of collecting a Poor Tax and administering the proceeds. Each county elected Overseers of the Poor to be responsible for constructing a Poor House."

Click on the following links to learn more:

- [William Beverley, James Patton etal \(ecmhs.org\)](#)
- [The Poorhouse: America's Forgotten Institution - Brewminate: A Bold Blend of News and Ideas](#)
- [Virginia Poor Houses \(moremarymatters.com\)](#)

Submitted By: Victor Burrell - President, Tappahannock Club

NEWS & EVENTS

DISTRICT NEWS & EVENTS:

The District News page serves as a comprehensive platform to keep members and the public informed about the district's efforts in service, fellowship, and community development.

[Read the latest news now!](#)

CALENDAR

DISTRICT CALENDAR:

The District Calendar page provides a detailed schedule of all upcoming events, activities, and important dates in the district.

[Stay in the loop with our District's calendar!](#)

FOUNDATION NEWS

THE ROTARY FOUNDATION:

Stay informed with TRF, offering the most recent updates on humanitarian grants, World Peace Fellowships, Global Grant Scholarships, Polio Plus Society, and Vocational Training Teams.

[District 7610 ~ The Rotary Foundation](#)

WELCOME NEW ROTARIANS!

From June 25 to July 25, we gained **46** new members in District 7610

Member Name	Member Type	Club	Sponsor
Allocca, Marie (MARIE ALLOCCA)	Active	Dunn Loring-Merrifield	Virginia A. Hottel
Bala, Apollo (APOLLO)	Active	Falls Church	Ricardo Moleno Noserale
Billingsley, William (BILL BILLINGSLEY)	Active	Orange	William Harrison Hager
Bouchard, Timothy H. (TIM)	Active	Great Falls	Elizabeth Bouchard
Bradshaw, Greg (GREG)	Active	Leesburg	Pamela U. Banks
Brouillette, Erica (ERICA)	Active	Rotary eClub of Global Peacebuilders	Joseph Scheibeler
Brunner, Cheryl (CHERYL)	Active	Centreville and Chantilly	Carol Robinson
Burgujian, Ellen (ELLEN)	Active	Orange	Richard Joseph O'Donnell Jr.
Butler, Mason (MASON)	Active	Alexandria	
Carniol, Alan (ALAN)	Active	Alexandria Central	Elisabeth Johnson
Comerford, William T Jr. (BILL)	Active	Vienna	Nesli Esen / Richard Irons
Comfort, Kate (KATE)	Active	Alexandria	
Danielson, Matt (MATT)	Active	Leesburg	Thomas Edmonds
Dowling, Timothy P (TIM)	Active	Herndon-Reston	Rengin Morro
Dyas, Richard S. (RICHARD)	Active	Leesburg	Fred R Williams
Eldridge, Brice (BRICE)	Active-R85	Great Falls	
Ghanem, Maroun (MAROUN)	Active	Great Falls	Raf Traboulsi
Hwang, Chaucer (CHAUCER)	Active	Arlington	
Ijeh, Onyinyecho (ONYINYECHO)	Active	Alexandria	
Inscoc, David (DAVID)	Active	Blue Ridge Mountains	
Jenkins, Antonio (ANTONIO)	Active	Bailey's Crossroads	Leslie Atkins / Arpine Tenkerian
Jones, Kenneth (KENNY)	Active	Rappahannock-Fredericksburg	Brian Schobel / Paul Lee
Kay, Jordan (JORDAN)	Active	Arlington	
King, Charlie (CHARLIE)	Active-R85	Blue Ridge Mountains	
Lal, Larry C (LARRY)	Active	Arlington	
Majette, Dean (DEAN)	Active	Rappahannock-Fredericksburg	
Mathews, Michael S (MIKE)	Active	Fairfax	Graham Jolley
McCambridge, Patrick J (PATRICK)	Active	Alexandria	
Mendis, Dave (DAVE)	Active	Arlington	
Mendis, Lisa (LISA)	Active	Arlington	
Murphy, Kimberly (KIMBERLY)	Active	Crystal City-Pentagon (Arlington)	
Naimi, Alireza (ALI)	Active	Tysons	Burt E. Heacock
Paulin, Prescott N (PRESCOTT)	Active	Crystal City-Pentagon (Arlington)	Mary Katherine Paulin
Pillow, Anna (ANNA)	Active	Orange	Chip Queitzsch
Reed, Michael J (MICHAEL)	Active	Alexandria	
Salim, Saddam (SADDAM)	Active	Fairfax	Barry J. Gordon Esq.
Sanikomu, Raghu (RAGHU)	Active	Dunn Loring-Merrifield	Virginia A. Hottel
Schmitt, Isabel G (ISABEL)	Active	Fairfax	Barry Gordon / Joe Catalano
Schmitz, Nathan (NATHAN)	Active	Great Falls	
Scott, Rachel (ROCKY)	Active	Warrenton	
Simes, Marcus Jr. (MARCUS)	Active	Fredericksburg	Rand Sompayrac
Squire, Jennifer (JENNIFER)	Active	West Springfield	
Stoker, Edward (ED STOKER)	Active	Dunn Loring-Merrifield	Anthony T. Lewis
Tisma, Stefan (STEFAN)	Active	Crystal City-Pentagon (Arlington)	
Vanda, Beth L. (BETH)	Active	Blue Ridge Mountains	
Wang, Lianne (LIANNE)	Active	Alexandria	
Watkins, Stephanie K. (STEPHANIE)	Active	Dunn Loring-Merrifield	Conrad C. Heer
Whitney, John (JOHN)	Active	Alexandria	
Wigfield, Caralina P (CARALINA)	Active	Alexandria Central	Elisabeth Johnson
Zikria, Nehla (NEHLA)	Active	Centreville and Chantilly	Lloyd B Rowland

SUBMIT YOUR DISTRICT NEWS

Your contributions are valuable in keeping our Rotary Community informed and engaged!

CLICK HERE to get in touch with the District Newsletter Editor.

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